

CalAIM Academy for Hospitals and Health Systems

Session 2: Hospital's Role in CalAIM Leadership Wednesday, February 26, 2025 | 12-1:30 p.m.









Academy Facilitators



Dora Barilla, DrPH
PRESIDENT, CO-FOUNDER
HC² Strategies



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CEO, PRINCIPAL CONSULTANT
Collaborative Innovation Partners





Introduce Yourself!

Chat in your...

- Name
- Role
- Organization
- Location
- & Your favorite place to vacation within California





The aim of the CalAIM Academy for Hospitals & Health Systems is to create a **broad cadre of hospital and health system leaders** who understand the unique **opportunities presented by CalAIM** transformation efforts and are **primed to partner** across the health care sector to collectively **improve the health of Medi-Cal members**.

Our Six-Session Arc

1

Introduction & CalAIM Overview

4

Coordination in Community-Based Health Care

2

Hospital's Role in CalAIM
Leadership

5

Payment Models for the Future

3

Building CalAIM Infrastructure

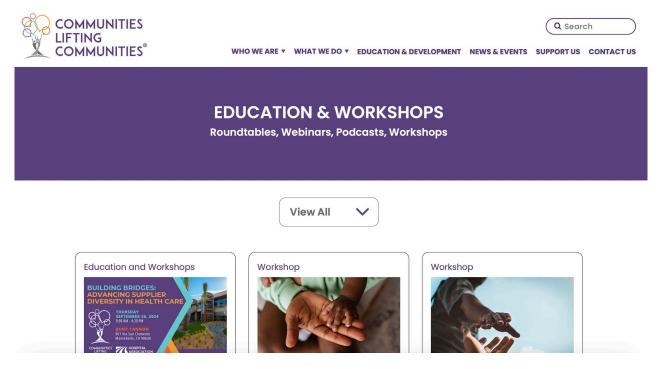
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Bringing It All Together



Academy Logistics

- Continuous participation
- Discussion-based breakouts
- Recording calls (not breakouts)
- Accessing resources
- End of Call Feedback Survey
- Participants may earn:
 - 1.0 ACHE Qualified Education Hour per session
 - 1.0 BRN Credit per session for sessions 2, 3, and 4



https://communities.hasc.org/education-workshops/



Academy Norms

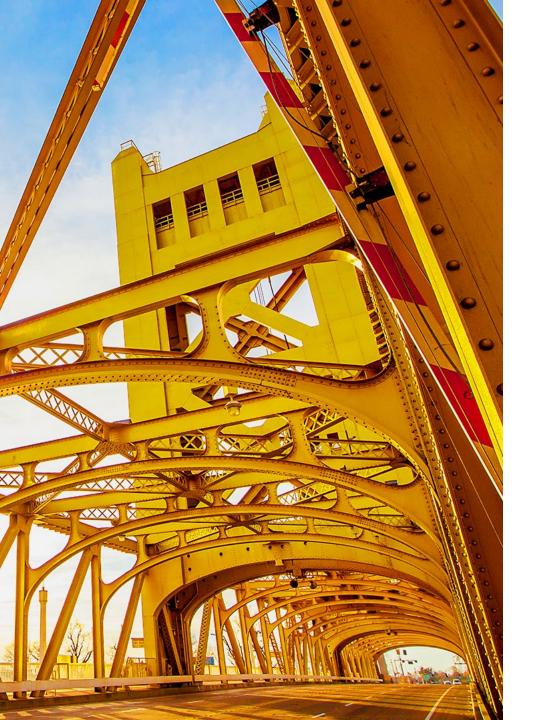
- **1. Build connections** use the chat box to connect and exchange contact information with others.
- 2. All teach, all learn we all have something we can learn, and we all have something we can teach others.
- 3. Create a safe space for sharing of learnings, challenges, and vulnerability.
- 4. No sales, please this is not a space to sell your product or technology to others.
- 5. Own this with us bring your questions and ideas for improvement.





Today's Objectives

- Define the hospital's role and leadership in community-wide delivery systems.
- Strategize how to gain buy-in and will from others around CalAIM.
- Illustrate a coordinated, multi-departmental, systems approach to CalAIM implementation within the hospital.
- Discover how ECM and Community Supports providers can be integrated into the hospital to accelerate connection to services.



Today's Agenda

Welcome to Session 2

Hospital's Role in CalAIM Leadership

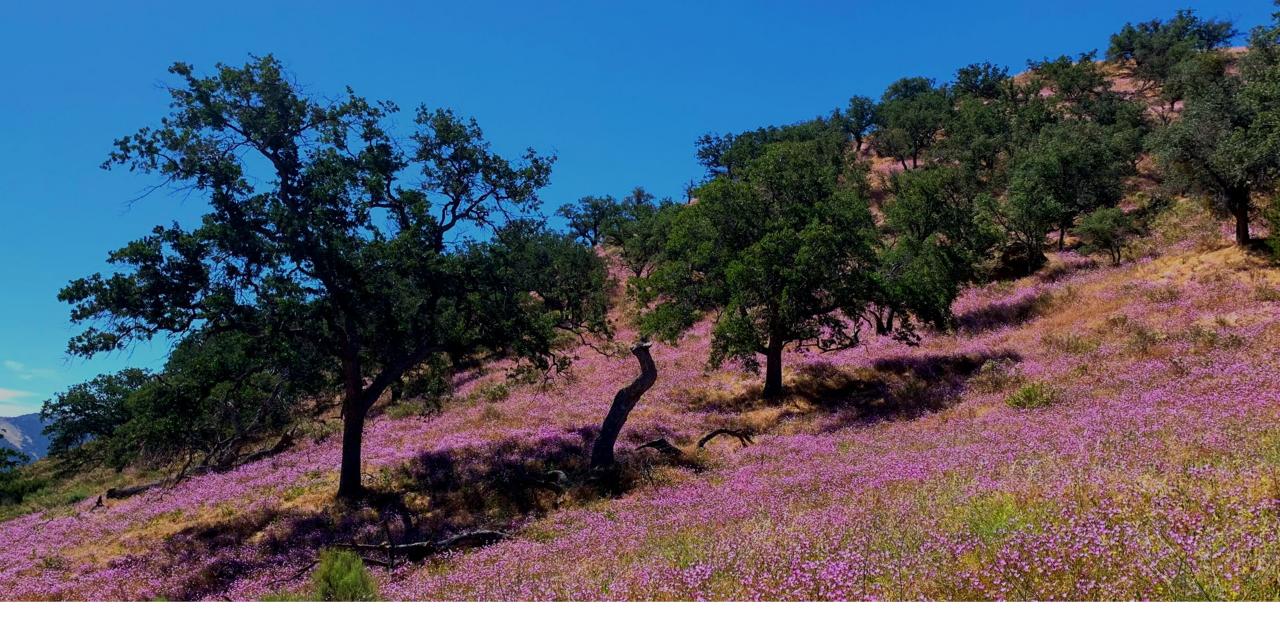
Bright Spot: Rady Children's Hospital

Questions/Full Group Discussion

Closing

Breakouts





Hospital's Role in CalAlM Leadership

What We'll Cover

- Building a Connected Community of Care
- The role of the hospital in building an ecosystem for serving Medi-Cal patients
- The role of key players in the hospital setting in CalAIM and how they come together
- Gaining buy-in around CalAIM
- A takeaway tool for board engagement
- Peer to peer learning



CalAlM Overview: Goals



CalAIM is a long-term commitment to transform and strengthen Medi-Cal, making the program more equitable, coordinated, and person-centered to help people maximize their health and life trajectory.



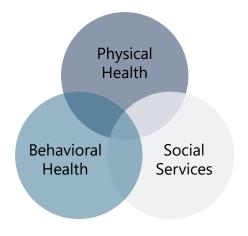
Implement a whole-person care approach and address social drivers of health.



Improve quality outcomes, reduce health disparities, and drive delivery system transformation.



Create a consistent, efficient, and seamless Medi-Cal system.



Our journey to a healthier California for all

Building a Connected Community of Care



Providers from different organizations who care for their community members together by structuring, coordinating, and integrating their services for maximum effectiveness.



Building a Connected Community of Care

CalAIM
as a
Community
of Care for
Socially
Complex
Communities



Coordinating Delivery

Building a System of Care

Understanding
Your
Population

- Identification of system gaps
- Coordinated plan of implementation
- Financial sustainability plan
- Asset mapping
- Care delivery/Journey mapping
- Workforce development
- Financial investment mapping
- Shared data and priorities
- Population(s) of Focus
- Needs assessment



A Paradigm Shift in Building Ecosystems

Culture

- Mission
- Executive sponsorship
- The external environment

Incentives

- CalAIM funding
- Appropriate utilization
- Quality improvement
- Value-based care



Structure

- Organizational Infrastructure and developing new service lines
- Building a system of care in partnership with community
- Data

Competencies

- Staff and team roles
- Integrating workflows to address high utilizers and ED challenges
- Integration of social and clinical care

The Roles of a Hospital in CalAIM

- Contract as an ECM and/or Community Supports provider
- Make referrals into the CalAIM ecosystem
- Co-create a community-wide delivery system

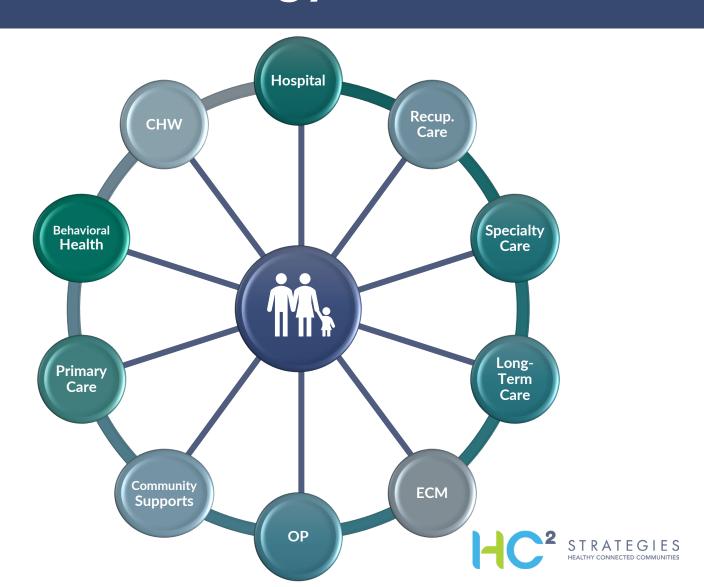
Every hospital has a role in Medi-Cal transformation!



System Integration as a Pre- and Post-Acute Care Strategy

Person-Centered Integrated Model

- Alternative, person-centered, intentional transitions and post-acute care strategies integrated into systems
- Value case: saves money <u>and</u> keeps members at home
- Build relationships to ensure successful transitions of care for patients.
 Transitions of care policy



What are Community Supports?

Community Supports (CS) are non-medical, wrap-around services provided as a substitute or support to avoid other Medi-Cal covered services such as emergency room visits, an avoidable hospital or skilled nursing facility admission, or a discharge delay.

Supports for Housing Insecurity



Primary Audience: Individuals experiencing homelessness

- 1. Housing Transition Navigation Services
- 2. Housing Deposits
- Housing Tenancy & Sustaining Services
- 4. Short-Term Post Hospitalization Housing
- 5. Recuperative Care (Medical Respite)
- 6. Day Habilitation
- 7. Transitional Rent (starting in 2025)

Supports to Keep People at Home



Primary Audience: Individuals at risk for institutionalization in a nursing home

- 8. (Caregiver) Respite Services
- Nursing Facility Transition/ Diversion to Assisted Living Facilities
- 10. Community Transition Services/ Nursing Facility Transition to a Home
- 11. Personal Care & Homemaker Services
- 12. Environmental Accessibility Adaptations (Home Modifications)

Supports to Improve a Chronic Condition



Primary Audience: Individuals who have certain chronic conditions and require support

- 13. Meals/Medically Tailored Meals
- 14. Asthma Remediation

Support to Recover from Acute Intoxication



Primary Audience: Individuals found publicly intoxicated to divert from jail or the Emergency Department

15. Sobering Centers

More information: **Community Supports Policy Guide**

Poll: What Is Your Role?



Please select the answer that most closely aligns with your role

- a) Executives and Boards
- b) Community Health/Population Health
- c) Clinical Providers/Case Managers/Quality
- d) Strategy/Business Development
- e) Other (and chat in your role)



Roles of Key Players

Executives and Boards

Community/
Population Health

Members

Clinical Providers/ Case Managers/ Quality

Strategy/Business Development All roles connect to the same strategic imperative



Real Examples of CalAIM



Enloe Medical Center (Chico, CA)



Colusa Medical Center (Colusa, CA)



Marshall Medical Center (Placerville, CA)



Generating Buy-in for CalAIM



Speak their language



Present the key benefits



Use data and metrics



Address their concerns



Create a clear implementation plan



Leverage stakeholder support



End with a call to action



Speak Their Language

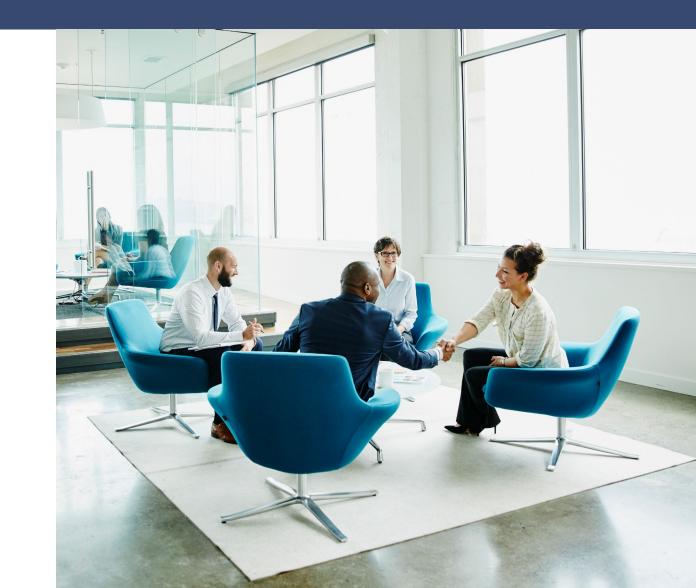


• CEO Focus:

- ✓ Organizational growth
- ✓ Competitive positioning
- √ Community impact

• CFO Focus:

- √ Financial sustainability
- √ Cost reduction
- ✓ Return on investment (ROI)





Present Key Benefits of CalAIM









Improved health outcomes



Use Data and Metrics





- ✓ Show ROI models & financial projections comparing short-term costs vs. long-term savings
- ✓ Highlight real success stories with quantifiable improvements in:



Patient outcomes



Cost reductions



Patient Satisfaction

Address Their Concerns



For the CEO

- Reputation boost
- Innovation
- ✓ Leadership in Medi-Cal transformation
- Market position

For the CFO

- ✓ Cost breakdown
- ✓ Funding sources
- ✓ Timeline for return on investment
- ✓ Risk mitigation



Create an Implementation Plan



- ✓ Phased approach for gradual scale-up
- ✓ Key stakeholders, funding, and technical assistance

Leverage Stakeholder Support





from industry leaders, policymakers, and community partners who support CalAIM



Testimonials
from healthcare providers
or executives
with positive outcomes in
similar initiatives



End With a Call to Action





Emphasize **urgency**✓ Act now to stay competitive and align with state initiatives!



Propose an **immediate next step**:

- ✓ Conduct a feasibility study
- ✓ Form a task force
- ✓ Engage a consultant



Takeaway Tool for Board Engagement

Look out for an example deck in the follow-up email that can be used/adapted in a presentation to your board



Enhanced Care Management

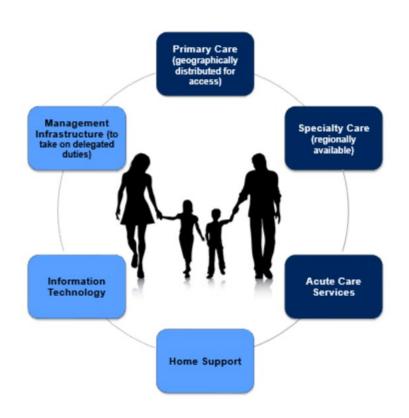
CalAIM Academy
Keri Carstairs, MD MBA
VP of Network Operations & Clinical
Integration, Chief Population Health Officer

February 26, 2025





Clinically Integrated Rady Children's Health Network





Rady Children's ECM Program Timeline

Nov'22: ECM Manager hired

Jul'23: Molina SD contract signed

Sep'23: 50 patients enrolled

Feb'24: CHG contract signed Jun'24: ECM Supervisor hired Oct'24: Molina Riverside contract signed

























Mar'23: First SD LCM hired Aug'23: Program Start Date Nov'23: 100 patients enrolled Apr'24: 250 patients enrolled Aug'24: Riverside LCMs hired Dec'24: 400 patients enrolled

Who We Serve For ECM

Contracted Plans

- Molina SD County (July 2023)
- Molina Riverside County (October 2024)
- Community Health Group (February 2024)
- Blue Shield Promise (finalizing contract)
- Inland Empire Health Plan (finalizing contract)

Regions Served

- San Diego County
- Riverside County

Populations of Focus

- Children & Youth Enrolled in CCS
- •Individuals at Risk for Avoidable Hospital/ED Utilization
- Children & Youth Involved in Child Welfare
- •Individuals with Serious Mental Illness & Substance Use Disorder Needs
- •Individuals & Families Experiencing Homelessness
- Pregnant & Postpartum Individuals at Risk for Adverse Perinatal Outcomes





RCHSD ENHANCED CARE MANAGEMENT Staff Tip Sheet



WHAT IS ENHANCED CARE MANAGEMENT (ECM)?

Enhanced Care Management (ECM) helps coordinate care for complex care and socially vulnerable populations using a whole child approach by including the patient, the family, and all providers in the care planning process regardless of setting (e.g., Primary, Specialty, Acute, Behavioral, Oral).

WHAT ARE THE ECM ELIGIBILITY REQUIREMENTS?

To be eligible, patients must be under 18 years old,* reside in **San Diego** or **Riverside County**, be an active Medi-Cal member (**Molina or Community Health Group**), and fall under one of the following populations of focus:

PHASE I

- Children and Youth Enrolled in California Children's Services (CCS) with Additional Needs Beyond the CCS Condition**
- Individuals At Risk for Avoidable Hospital or ED Utilization
 - Individuals with Serious Mental Health and for Substance Use Disorder Needs

Benefits of RCHSD ECM Services



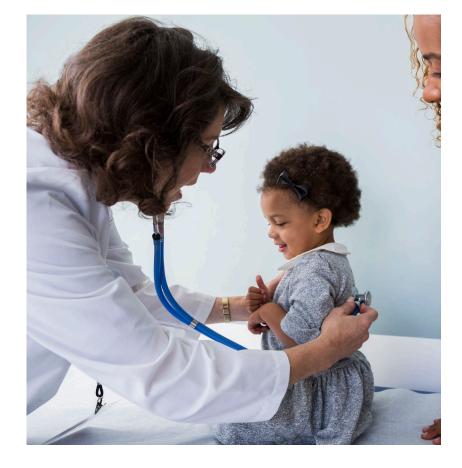
Identification of patients in need and ability to provide rapid interventions



Direct communication with care teams and reduction of clinic staff burden due to coordination of care



Resulting in improved patient outcomes



Benefits of Rady Children's ECM

Partnership with our Clinical Care Teams

- Shared Electronic Medical Record
 - Built in referral process for expedited enrollment
- Shared Care Planning
- Quick Connections to Primary and Specialty Care Teams
- Ideal for kids with chronic illness being followed at Rady's
- •90% referrals are internal
- 93% enrollment rates after referral





Our Lead Care Managers

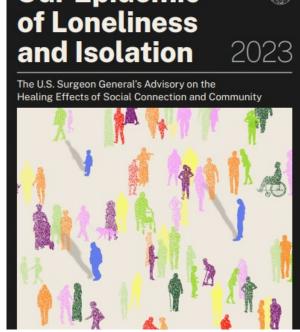
Lead Care Managers (1 LCM: 45 Patients)

- Connected to the Community
- Diverse Lived Experiences
- Experience in Patient Populations
 Served (Dev Services, Mental Health, Autism, Mother/Baby, Justice Involved, Resettlement)
- Multiple Languages Spoken (English, Spanish, Pashto, Dari, French, ASL)
- Trained in Person Centered Care and Cultural Sensitivity

Improving Peer and Community Connections

- Youth transitioning from social isolation due to the pandemic, still reporting concerning levels of loneliness, communication issues, social anxiety, bullying, and high-performance expectations
- Fostering Peer Connection (music, art, physical activity, support groups, community events)
- Patient Spotlight
 - Teenager living with schizophrenia referred to ECM from outpatient psychiatry, with justice involved mother, not attending school, not taking medications
 - LCM connected him to an allinclusive scholastic learning environment with focus on academic behavioral and mental health support systems





ECM Program Summary

Start Date: August 2023

612 patients enrolled historically

• Active: 457

• Disenrolled:119*

• Graduated: 36

62% Molina, 38% CHG

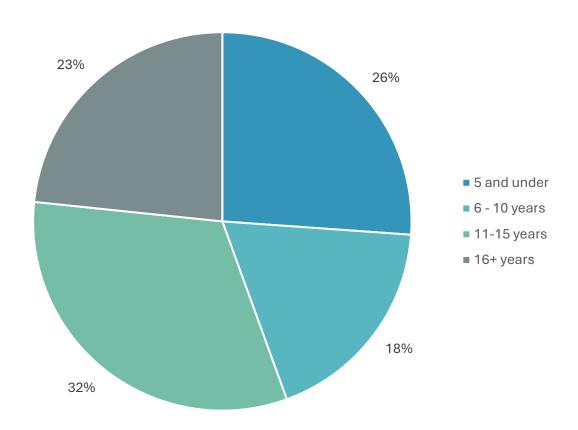
97% SD County, 3% Riverside County

60% enrolled in CCS

45% non-English speaking

967 referrals received (90% Internal, 10% External)

Ages Served (N=612)

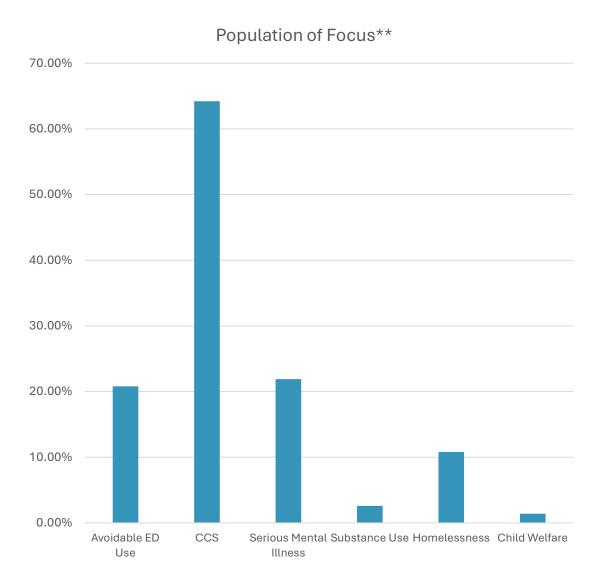


*Reasons for disenrollment include Loss of Coverage, Moved Out or Area,
Opted Out, Unable to Contact, Deceased
**data as of 02/19/2025

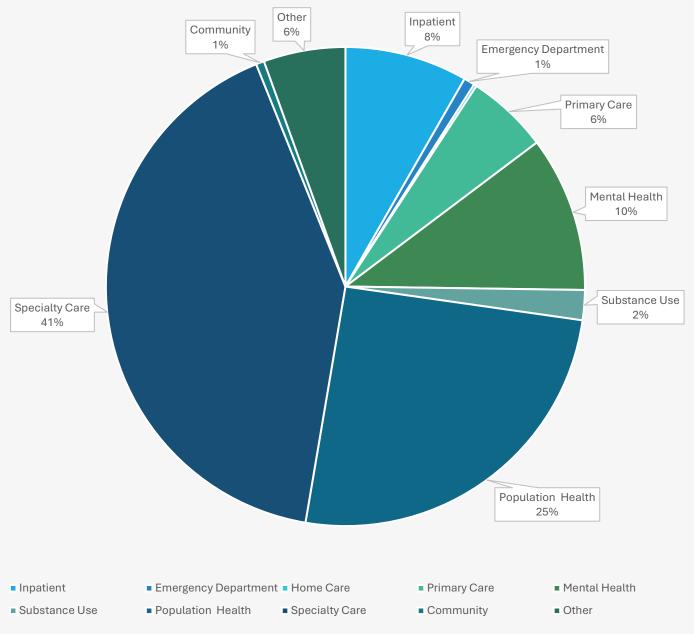
Current ECM Membership

- 457 Active Members*
 - 14 Riverside, 443 San Diego
 - 64% Molina, 36% CHG
- 257 referrals received last quarter (Oct Dec 2024)

Time from referral to authorization request ~ 17.5 days (Range: 0-64 days)



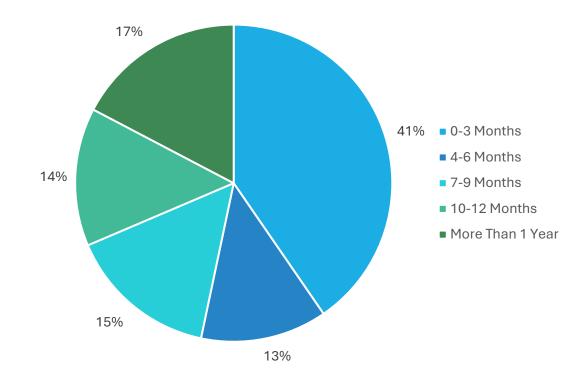
Internal Referral Source Breakdown (N = 543)



ECM Member Retention

- 68% of Members Retained after 6 Months (Since September 2023)
- 102 Members Enrolled More Than 1 Year
- 36 Members Graduated
 - All care plan goals were met, and member is ready to transition to a lower level of care

Total Time Members Enrolled in ECM (N=588)





Social Drivers of Health (n=448)

66.7% of members screened positive for at least one SDoH:

• Food Insecurity: 53.5%

• Transportation Issues: 31.8%

Housing Instability: 47.2%





CONTACT US

San Diego, CA 92123

- near their homes
- families felt comfortable seeking assistance with Hunger Free Navigators





Here to help you access Cal Fresh, WIC, local food banks, and more!









Closed Loop Community Referrals

Resource/Donation Distribution

- 250 backpacks
- 150 therapeutic toolkit bags
- 275 food bags
- 100+ holiday gifts

Community Supports (Housing)

- 100+ families have been referred for housing via MCP Community Supports and community-based organizations (i.e., La Maestra)
- 31 families were successfully connected to housing/housing navigator

Social Drivers of Health

- 145/170 (85%) members were successfully reached by the Rady Children's Food Navigation Program
- 350+ rides to appointments were arranged by LCMs (approximately 3-7 per week)
- 100+ referrals to "Other" resources such as IHSS, CalWorks, utilities, legal, internet, gas vouchers, hotel vouchers, diaper banks, conservatorship, etc.

Community Connections

La Maestra Community Health Centers

- Housing
- Transition to Adult ECM

Center for Autism and Related Disorders (CARD)

ABA Therapy Services

Equip Health

Eating Disorders

Community Research Foundation (CRF)

Transition to Adult ECM

Anderson Center for Oral Health

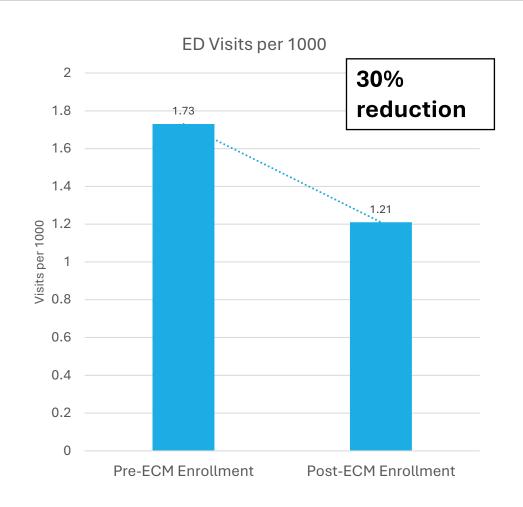
Dental Navigation

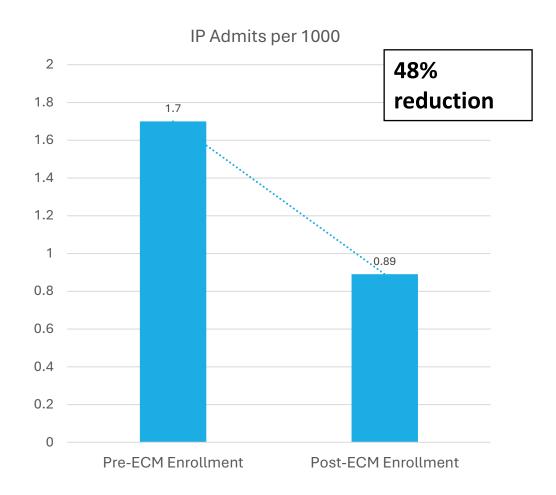
Emilio Nares Foundation

 Connection to Basic Needs (i.e., Food, Housing, End of Life Care, Transportation)

Established closed-loop referral workflows with direct point of contacts for follow-up

ED and IP Visits per 1000 Pre v. Post ECM Enrollment









Fiscal Sustainability of ECM

Revenue Lines

Outreach Incentives

PMPM Capitation

Grants

- CalAIM IPP Funding
- CITED (Round 2 and TBD Round 4)
- TBD TA Marketplace Vendor certification

In-Kind

 ECM fills a need for donors who wish to give in-kind to the Hospital to support social drivers of health and populations of focus

Cost Containment

Reduction of costly ED visits

Reducing workload on Hospital clinical staff

Maximized LCM patient loads

Efficient task distribution between clinical/non-clinical staff

Grant spend down monitoring and regular reporting

Improved capitation performance for risk contracting agreements



Questions & Discussion



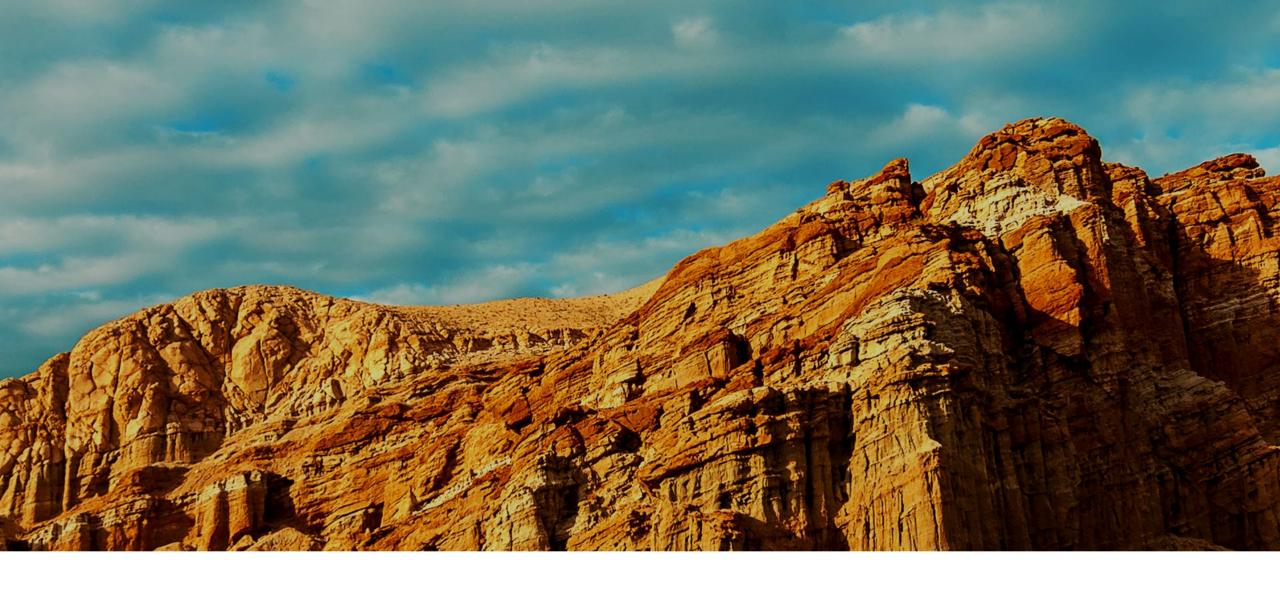
Discussion

What questions do you have about the hospital's role in CalAIM leadership?

Please chat in your questions/comments







Taking a Pause

The Hospital's Role in CalAlM

1	Contract as an ECM and/or Community Supports provider.	6	Align financial and administrative functions.
2	Make referrals into the CalAIM ecosystem.	7	Integrate data sharing and care.
3	Identify frequent inpatient and ED utilizers.	8	Advocate for Medi-Cal infrastructure in your community—partner with MCPs, county leadership, and CBOs.
4	Educate clinics and physicians on CalAIM services.	9	Send a representative to join local PATH CPIs to connect to information and supports.
5	Train providers and develop workforce	10	Integrate systems with other initiatives (i.e., transitions care policy).



Suggested Actions & Additional Resources

- Review existing committees and teams in your organization to see where CalAIM fits—or build an internal CalAIM team. Start talking internally about how to effectively integrate the CalAIM work at all roles/levels.
- Join the PATH CPIs to gain access to coaching/support and timely updates.
- Assess the current ecosystem for CalAIM in your community.
- Use the slides in this presentation as a takeaway tool to engage your Board, senior leadership, and others to buy into CalAIM.
 - We will ask for a report back in the next call from anyone who used the slides



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Bringing It All Together



- Illustrate a coordinated, multidepartmental, systems approach to CalAIM implementation.
- Articulate redesigned, coordinated workflows for population identification, delivery of care, and care coordination models in the context of developments in the field.
- Relate CalAIM's alignment with solving health system pain points such as throughput, workforce, behavioral health and homelessness crises.
- Recognize the ways to build CalAIM infrastructure with sustainability at the forefront.

See you at Session 3!

Building CalAIM Infrastructure
Wednesday, March 12 | 12—1:30 p.m.

Stay on the line for optional breakouts







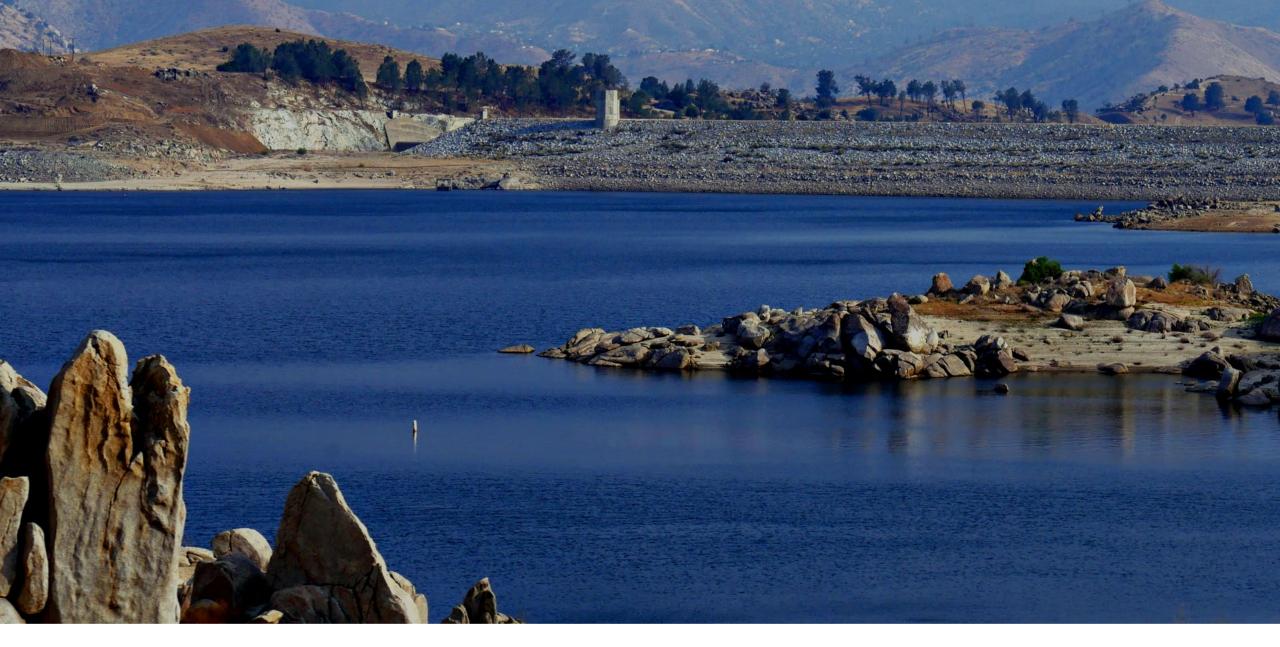
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Please fill out our survey

Feedback will be incorporated into upcoming sessions and future iterations of the CalAIM Academy

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Breakouts

Reminder: Academy Norms

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Self-Select Into A Breakout Room

Join the room that most closely aligns with your role

Room 1

Executives and Boards

Room 2

Community Health/ Population Health

Room 3

Clinical Providers/ Case Managers/ Quality

Room 4

Strategy/ BusinessDevelopment







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Thank you!