

## Background

The Older Adults' Health workgroup for the 2026-2028 VCCHIC Community Health Implementation Strategy (CHIS) held its second virtual session on August 26, 2025. Approximately 35 participants representing a range of public health, health system, older adult service providers, and community-based organizations participated in the meeting. Participants reviewed discussions from the first virtual session. Asa Vaughn-Burnett, Care Services Director at Camarillo Health Care District provided a landscape overview of key initiatives and activities for Older Adults' Health. The discussion was facilitated and ideas were captured live using this [VCCHIC CHIS Older Adults' Health Session 2 Google Slides](#). This document provides a summary of key discussions from the meeting.

## Overarching Goal

The group reviewed and approved the following overarching goal for the priority area:

*Enhance the quality of life for older adults and their caregivers by expanding access to affordable, accessible, coordinated, and inclusive health and support services, especially for those living alone or experiencing poverty.*

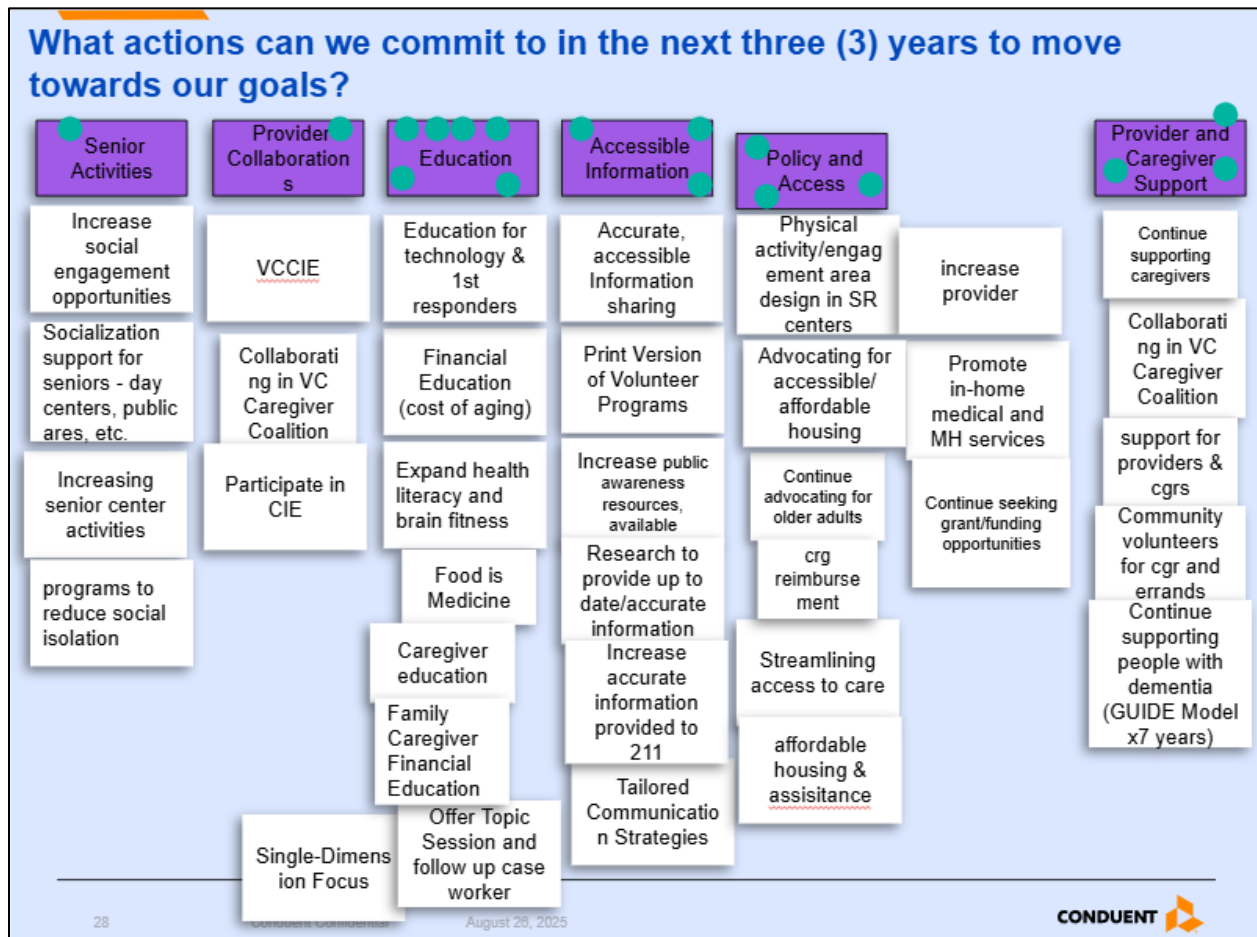
\*After the meeting, a workgroup member recommended adding the word “accessible” to the goal.

## Strategy Workshop

Conduent Healthy Communities Institute facilitated a consensus workshop to agree on key strategies to focus on over the next three years, supporting progress toward their overarching goal. The process included individual brainstorming, small group discussions, and a facilitated session with the full group. During the workshop, participants shared ideas, grouped those with similar intent, and collaboratively refined them into six strategy categories:

1. Senior activities
2. Provider collaborations
3. Education
4. Accessible information
5. Policy and access
6. Provider and caregiver support

The following board shows the ideas submitted by the groups under each strategy category. Participants used dots to strategies they were most interested in working on.



Based on the group's interest, the following were identified as key strategies for the workgroup to work on in the next three years.

1. Education
2. Accessible information
3. Policy and access
4. Provider and caregiver support

The group discussed potentially combining "Education" and "Accessible Information" into one strategy category around communications.

## Draft Strategies

The following are strategies drafted after the meeting to summarize the intent of the overall category and create consistency across all priority area strategies. These will be further refined by the workgroup at Session #3:

- **Education and Accessible Information:** Promote education and information sharing about health promoting practices and services for older adults and their caregivers.
- **Policy and Access:** Advocate for policy solutions that improve access to care and foster healthy environments for older adults.
- **Provider and Caregiver Support:** Advance continuous training and resources for the providers, caregivers, and volunteers supporting older adults.

## Strategy Workgroup Sign Up

After identifying 3-4 potential strategies, participants signed up to work on a strategy at the next meeting. The sign-up form is shown below.

Strategy 1: Education	Strategy 2: Accessible Information	Strategy 3: Policy	Strategy 4: Provider and Caregiver Support
Daniel Banyai	Carmen Wyttenbach	Rob Davenport	Janice
Asa Vaughn-Burnett	Denise Noguera	Vanessa Acain	Wendy Amaro
Alma Diaz	Vanessa Acain	MaryAnn Ratto	Alma Diaz
Susan Mattera	Megan Telfer		Nathan Norbryhn
Perlita Baguinon			Perlita Baguinon
Megan Telfer			Michelle Rios
Michelle Rios			
Tammy Marquez			
Lydia Kreil			