

Background

The Women's Health workgroup for the 2026-2028 VCCHIC Community Health Implementation Strategy (CHIS) held its second virtual session on August 27, 2025. Approximately 30 participants representing a range of public health, health system, family services, and community-based organizations and members participated in the meeting. Participants reviewed discussions from the first virtual session. Erin Slack, Senior Manager for Population Health at Gold Coast Health Plan provided a landscape overview of key initiatives and activities for Women's Health. The discussion was facilitated and ideas were captured live using this [VCCHIC CHIS Women's Health Session 2 Google Slides](#). This document provides a summary of key discussions from the meeting.

Overarching Goal

The group reviewed and approved the following overarching goal for the priority area:

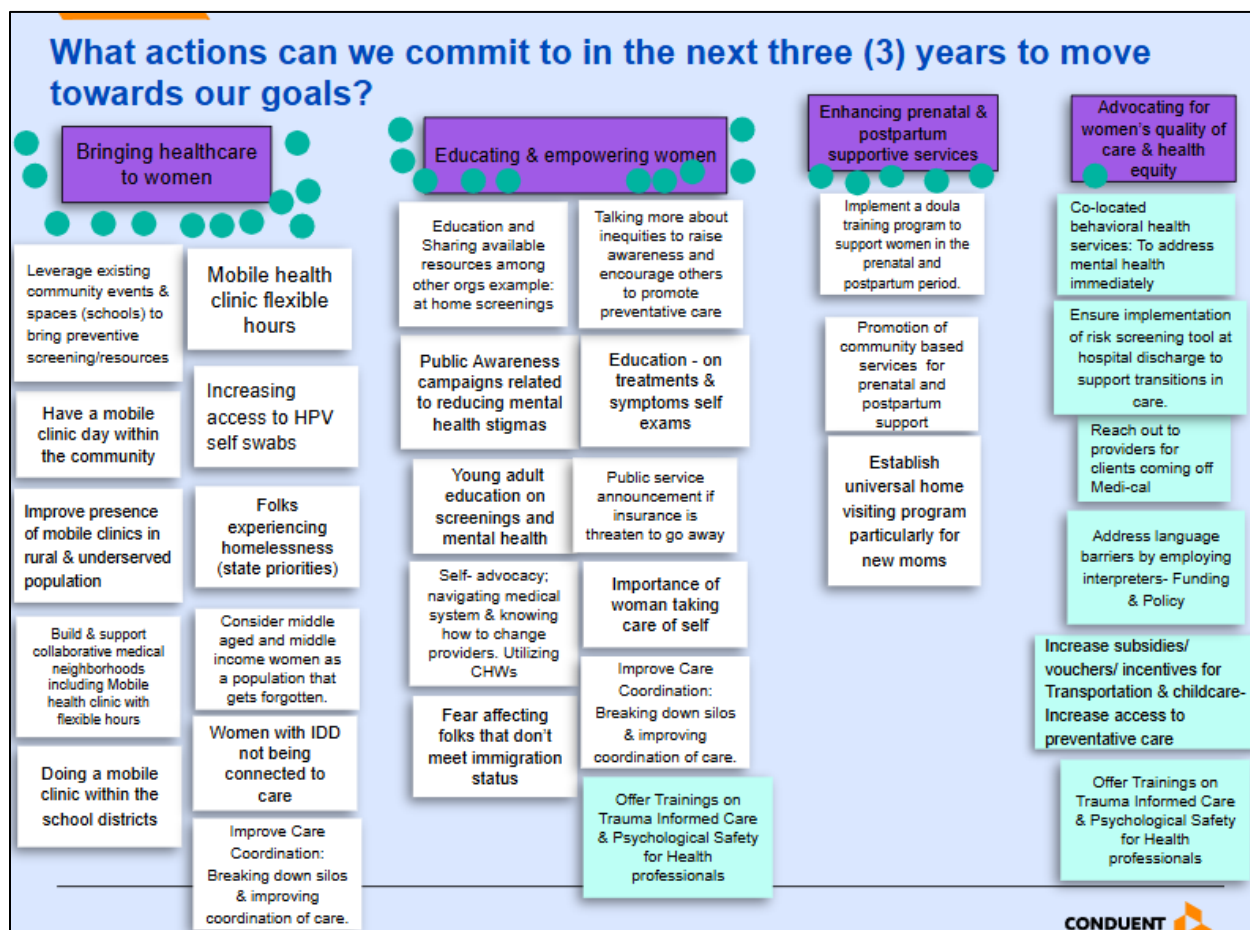
Improve women's health and well-being through accessible, culturally appropriate, and holistic care that supports reproductive health, preventive screenings, mental health, and family support across every stage of life and for individuals of all abilities.

Strategy Workshop

Conduent Healthy Communities Institute facilitated a consensus workshop to agree on key strategies to focus on over the next three years, supporting progress toward their overarching goal. The process included individual brainstorming, small group discussions, and a facilitated session with the full group. During the workshop, participants shared ideas, grouped those with similar intent, and collaboratively refined them into four strategy categories:

1. Bringing health care to women (increasing access to care for women)
2. Educating and empowering women (about health-promoting behaviors and services)
3. Increasing or enhancing prenatal and postpartum supportive services
4. Advocating for women's quality of care and health equity

The following board shows the ideas submitted by the groups under each strategy category. Participants used dots to strategies they were most interested in working on.



Based on the group's interest, the following were identified as key strategies for the workgroup to work on in the next three years.

1. Bringing health care to women (increasing access to care for women)
2. Educating and empowering women (about health-promoting behaviors and services)
3. Increasing or enhancing prenatal and postpartum supportive services

While "Advocating for women's quality of care and health equity" was identified as a potential strategy, not enough participants committed to working on this strategy. However, the group indicated an interest in incorporating ideas in this category across the other workgroups as well as emphasizing the importance of advocacy across all strategies. In particular, "Offer trainings on trauma informed care and psychological safety for health professionals" was indicated as an activity that could take place as part of the "Educating and empowering women" strategy.

Draft Strategies

The following are strategies drafted after the meeting to summarize the intent of the overall category and create consistency across all priority area strategies. These will be further refined by the workgroup at Session #3:

- **Bringing health care to women:** Bring health care to all women regardless of location or life circumstance.
- **Educating and empowering women:** Educate and empower women about health-promoting behaviors and services.
- **Enhancing prenatal and postpartum supportive services:** Enhance programs and services that promote health among prenatal and postpartum women.

Strategy Workgroup Sign Up

After agreeing on the three strategies, participants signed up to work on a strategy at the next meeting. The sign-up form is shown below.

Strategy 1: Bring health care to women	Strategy 2: Educate and empower women about health-promoting practices and services	Strategy 3: Enhance prenatal & postpartum supportive services
Amanda Szuck	Irene Kelly	Mohnisha Jit
Erin Slack	Sara Rivera	Christina Laubacher
Kelsey Capper	Tracey Estrada	Grissel Marquez
Raquel Arias	Sonya Gutierrez	Alma Diaz
Maureen Hodge	Brianda	Courtney Pyle
Patricia Gamboa Puentes	Nancy Lomeli	Valerie Paz
Brianda	Lisa Hemenway	Jessica Wonderly
June English	Tammy Marquez	
	Talia Barrera	